



DEPARTMENT OF  
COUNSELLING SERVICES  
CAYMAN ISLANDS GOVERNMENT



INTERNATIONAL  
**MENSDAY**  
November 19

## District Financial Workshop

# MANAGING FINANCIAL STRESS



✓ Learn practical strategies to manage your personal finances and build wealth.

✓ Master the use of financial tools which will change the trajectory of your finances for yourself and your family.

✓ Develop practical steps for financial success.

**WEST BAY** | November 8

John Gray Memorial Church Hall

**EAST END** | November 15

East End New Testament Church

**GEORGE TOWN** | November 22

Red Cross Headquarters

**BODDEN TOWN** | November 29

Bodden Town Public Library

ADM: **FREE**

This is a sponsored Financial Workshop

Brought to you by:



In partnership with

**Inspire Cayman**

Facilitated by **Michael Myles**



**7:00pm–9:00pm**

**REGISTER NOW**



Limited spaces available per workshop

949-0006



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FamilyResourceCentre



frccayman



Ministry of Health  
& Wellness  
Cayman Islands Government



Gender Affairs Unit  
Cayman Islands Government



INSPIRE CAYMAN TRAINING

